



In memorium
*Past President
 Barbara Reeves
 was amongst those
 we lost recently,
 p. 3.*



MSU Shares
*CTs use this
 opportunity to pool
 our resources and
 improve our
 communities, p. 6.*



2.75% raise
*See how our work
 on health care is
 paying off and
 get info on Open
 Enrollment, p. 7.*



CT news

The voice of the Clerical-Technical Union of Michigan State University

September/October 2018

Candidates to serve CTU

At the close of the September 11 nominations meeting, the 2018 Elections Committee announced that we have only one candidate for each open position. In keeping with Article IV of our constitution, therefore, we will not hold our usual October election. The candidates will be sworn into the positions at our October 24 Membership Meeting.

We are pleased to announce the members who came forward and will serve two-year terms on the executive board:

- ▼ **Rosie Garcia**, vice president
- ▼ **Michelle Jenkins**, secretary
- ▼ **Pamela Brock, Stacey Patton, Stephen Stofflet, Shirley VanDorp**, directors

We also appreciate the two members who stepped forward to serve on the Audit Committee: **Sarah Carapellucci** for a three-year term and **Shawn Rayon** for a one-year term.

Because knowing the goals and priorities of our leaders is important to being informed members, the candidates' statements are provided starting on page 4.

We also thank those who agreed to serve on the 2018 Elections Committee. The Committee remains available to anyone with questions or concerns about this year's elections:

- ▼ **Chairperson Sierra Matthews**,
vandenb8@msu.edu, 432-5138
- ▼ **Brenda Bailey**, *baileyb@msu.edu, 884-1036*
- ▼ **Deb Bittner**, *Deb@ctumsu.org, 355-1903*
- ▼ **Judy Redding**, *redding5@msu.edu, 884-0811*
- ▼ **Tiffany Westendorf**, *Tiffany@ctumsu.org, 355-1903*



Vice president **Rosie Garcia**



Secretary **Michelle Jenkins**



Director **Pamela Brock**



Director **Stacey Patton**



Director **Stephen Stofflet**



Director **Shirley VanDorp**



Audit Committee Member (3 years)
Sarah Carapellucci



Audit Committee Member (1 year)
Shawn Rayon

CTnews

The voice of the Clerical-Technical Union
of Michigan State University

PUBLISHED MONTHLY

2990 East Lake Lansing Road
East Lansing, MI 48823-2281
(517) 355-1903
www.ctumsu.org
ctu@ctumsu.org



Organized and
independent
since 1974!

CTU Executive Board

President:

Deb Bittner Deb@ctumsu.org

Vice President:

Rosario Garcia garciar@msu.edu

Treasurer:

Tracy Rich Tracy@ctumsu.org

Secretary:

Michelle Jenkins jenki285@msu.edu

Directors:

Pamela Brock brockp@msu.edu
Liz Elder owene@msu.edu
Carmen Elliott caguirre@msu.edu
Stacey Patton pattons2@msu.edu
Pam Sloan pamsloan@msu.edu
Stephen Stofflet stoffle1@msu.edu
Jan Wallace wallac12@msu.edu

CTU Staff

Communications Specialist

Cherylee Finney Cheryl@ctumsu.org

Contract Administrator

Meredith Place Meredith@ctumsu.org

Financial Manager

To be announced

Organizational Manager

Tiffany Westendorf Tiffany@ctumsu.org

Editorial Policy:

The CT News is the voice of our union. It is our vehicle for communicating, on a regular basis, the issues that confront us as workers. Through this newsletter we explain union policies, show how dues are spent, and explain the views and actions of the elected leadership for evaluation by the members.

The CT News is the voice of the membership. We welcome articles from members and stories about members.

While contributions are welcome, they should be constructive and contribute positively to the welfare of our union.

We will accept no attacks on any union leader or member. We will accept thoughtful discussion of all related issues in the letters section, and reserve the right to reply to those that seem to reflect a misunderstanding of the union and its policies.

Direct ideas, letters, questions and comments to Cherylee Finney.

CTclassifieds

For sale:

▼ **Patti Bakes:** Specializing in gourmet muffins, cookies, cupcakes and holiday treats. Pricing varies based on product and amount ordered. Delivery to campus Monday through Friday, no charge! Find us on Facebook at PattiBakesAlot. Contact Pat Dunn at pattibakesalot@gmail.com or 517-927-7325.

Services:

▼ **Skills assessment software:** The CTU makes the software and a work station available to members to practice for the university's skills assessment tests. This is the same software that Human Resources uses to evaluate skills in Word, Excel, PowerPoint, Access, and more. Call 355-1903 to make an appointment.

Free:

▼ **CTU Conference Room:** Available free to members (with deposit). For non-members, \$25/hour plus deposit. Contact the CTU office at 355-1903 for questions, reservations, etc.

▼ **Advertise** to your colleagues in the *CT News*. Send the ad to Cheryl@ctumsu.org. We accept ads from CTU members for items and/or services provided by CTU members and/or their household

family members. See the guidelines at www.ctumsu.org/news/ct-classifieds.

CTcomment

Dear CTU Members:

I am a retiree who just received my CT News Summer Edition 2018. I am very sad to see that out of 40 districts, only 19 are supported by union representatives. The message to management is very disturbing as they see lack of leadership on your behalf. If your district is underrepresented by union leaders, I encourage **you** to run for Union Representative in your district. The value of being a union leader is that if you ever want to be promoted at MSU, it is an added feather in your cap that you understand the benefits of working in a unionized environment. If you think there will be retaliation from management, you may be very mistaken. Remember, almost all of the supervisors were once CTs or belonged to another union.

I highly recommend becoming part of the MSU-CTU legacy, and I urge you to become a union representative. It will help you and improve your chances to be a better leader in the future.

Sincerely, Mark Bitman

Membership Meetings

The final CTU Membership Meeting of 2018 will take place Wednesday, October 24, in room 401 of the Administration Building. Meetings start at 5:20 p.m., but doors open at 5 p.m. so come early to socialize. Membership meetings are for making decisions about the Union, asking questions and receiving updates about Union activities.

Executive Board Meetings

Board meetings are regularly held in the CTU Office twice a month on first and third Tuesdays, but changes in dates and times may occur. Call before attending.

Members welcome!



September 5, 2018—Deb Bittner, second from left, delivered CTU's donations to the Center for Service-Learning and Civic Engagement team.

CTU helps fill the bus

Donations from CTU members helped MSU "Fill the Bus." In all, MSU was able to provide 134 bags of school supplies for school-aged children around the Greater-Lansing Area.

President's corner

In memorium

President Deb Bittner

Over the last several weeks, the CTU lost several people dear to our organization. Immediate Past President Barbara Reeves passed away on September 7 and member and former Union Representative Stephanie Ford died on September 10.

You may recall that Barb Harris, our former Organizational Manager, and her husband moved to Texas recently to be closer to their daughters and an eagerly anticipated grandchild. We were devastated to learn that the Harrises lost their daughter and grandson, Kelsey and Levontae Qualls, in childbirth on August 20. In their honor, the CTU is collecting donations to be used to support education in the classroom of Barb's other daughter, Lindsey. You can send any donations in care of CTU (address on page 2).

It just seemed fitting to turn this issue's President's Corner over to Barbara and to honor her legacy one more time.

During her 30 years as a CTU member, Barbara was dedicated to our union. She was also active in her community, winning both awards and recognition from several organizations. Barbara was a generous and wise woman, a leader who mentored many, and a friend who was always ready to lend a hand. We will miss her.

In total, Barbara served as president for nine years. Here is an excerpt of her final column from October 2004.



Barbara Reeves



Stephanie Ford

After 30 years of service, Reeves says goodbye

Barbara Reeves

It's time for me to say good-bye.

I've had a long run, but it's time to "pass the torch." I've had enough health scares recently to concern me; and in order to ensure that I can enjoy my retirement and prevent my health from getting worse, I feel it's time to leave. But my feelings are definitely mixed, and this decision was the most difficult I've ever made.

Lately, I've been thinking a lot about the many ways I have been involved with the CTU over the years:

- ▼ Treasurer on the Executive Board in 1975 to President two years later until 1981, Secretary or Director half a dozen times, President again from 1999 to the present;
- ▼ Picket Coordinator during the 1988 strike; [Marcia Pung]
- ▼ member/chairperson of numerous bargaining teams;
- ▼ member of or ex-officio to every committee the Union has ever had;
- ▼ representative to the Coalition of Labor Organizations, Recording Secretary of that body, member of its second health care bargaining team;
- ▼ labor co-chair of the Labor-Management Partnership of Mid-Michigan

for two terms;

- ▼ member of the development team for an eight-session certification series through HRD to enhance competencies for CTs;
- ▼ dozens of presentations to the MSU Board of Trustees . . .

Sometimes it makes me feel a bit tired, but it always fills me with a deep sense of gratitude towards you, my fellow CT Union members, who have repeatedly placed your trust in me to represent you in protecting your most valuable asset, your jobs.

I have never lost my belief that the union movement is the only logical approach by which workers can achieve any power

or headway in the workplace, and that the CTU is the best union with which I could have been associated. I am proud of our independence, our strength, our willingness to work for the best interests of our membership, our involvement with other unions both on and off campus for the good of all workers, and our inclusive approach of communication and diversity.

The CTU has never stood for narrow mindedness. We have always embraced differences of opinion and encouraged dissenters to voice their viewpoints. We have consistently focused on what we have in common—our rights as working people—rather than the divisive social issues of the day. We have never shirked from making difficult decisions and taking unpopular stands if they made our members' lives better or increased the benefits for workers in general. We have taken a leadership role when it was called for, believing that the stewardship of this organization was important enough to stand up and speak on behalf of our membership when others kept silent. . . .

I am proud that the CTU has been willing to face challenges bravely without hiding behind a "don't make waves" façade. I like our collective ability to stand up to

Reeves continued on page 6

Memorial service for

Barbara Reeves

Saturday, October 27, 2018
1 – 5 p.m.
Clerical-Technical Union
2990 East Lake Lansing Road
East Lansing, MI
517-355-1903

In lieu of flowers, donations can be made to the Ingham County Animal Shelter.

Candidate statements

Vice President Rosie Garcia

It has been a privilege serving as Vice President for the past three years. I continue to learn every day how our Union is a necessity and that we should never take it for granted.

Without our union to protect us, we would each be considered an “at will” employee, meaning that we would not have rights to bargain for our healthcare, retirement, and many other benefits.

We still have districts that need a Union Representative and I would like to hear from you.

As VP, I am the liaison between the URs and the executive board, I chair the Grievance, Appeal and Trial Committee (GAT), and I work alongside our contract administrator and board members. I am proud to be a Union Member since 1997 and an active member of our union.

Secretary Michelle Jenkins

Greetings my fellow CTs! My name is Michelle Jenkins, and I will serve in the Secretary position for our Executive Board. I have been at MSU for six years and involved in the union for almost five. I've served as the Secretary since October of 2017. Prior to that, I was a UR for several years. Before my time on campus, my only work experience was in the private sector, so I am able to recognize all the benefits of being a member of the CTU. As someone who grew up in the Lansing area as well as in a union household, it makes me proud to not only be a member of the CTU but to be allowed to be a member of its leadership. I look forward to continuing my role and helping the CTU continue to support our workplace and communities.

Pamela Brock

As a CT with 22 years on campus, I have had the opportunity to work in several different units. I have experienced the stress of layoff firsthand, and I'm grateful for my Union's strong contract language that protected me throughout my layoff/bypass situation. Not only did I have strong contract language, I also had my fellow members of the board as well as the contract administrator's moral support throughout my process.

I am happy to continue my position as a Director for the CTU. The opportunity of working with the Executive Board and the CTU staff has enabled me to serve the Membership as a whole more effectively.

I realize the importance and benefits of being involved in organized labor! I am so proud to be a member of CTU. It is my goal to see it thrive and increase in strength. I believe whole-heartedly in the concept of solidarity and our CTU membership working together to obtain the best workplace for all of us.

I will continue to work hard and be as effective as I can to improve the quality of employment for all CTs. It is worth the time commitment and all the hard work to make sure we stay strong and united. Every day that we go to work, use our health care, take a paid vacation, use a sick day, or take advantage of one of our many benefits, we are exercising rights that were won by the members we elected to represent us at the bargaining table, rights we defend each and every time we enforce our contract. With your participation and support, our union will be able to continue to work toward maintaining the best working conditions for our members!

Director Stacey Patton

Hello CTU members, I am Stacey Patton and I am one of the Directors for the CTU Executive Board. Thank you for continuing to allow me to serve my fellow union members and co-workers in solidarity.

For the last 14 years, I have been a member of the CTU here at MSU. I served as a union representative for the second, third and fourth floors of the Administration Building for three years. I participate in the many activities that our union sponsors, like the MSU Department of Theater fundraiser and our annual member picnic.

My passion has always been to fight for the rights of the underdog, the overworked and the under-appreciated. I feel it is my duty to speak up for the ones that cannot or are just too afraid to speak up for themselves. Or sometimes people just need a listening ear and I can listen. Knowing that we may not always be able to solve every problem or situation, sometimes just providing a listening ear to vent can ease a person's

stress. As a strong union member, I feel it is my job to motivate and support, and that can be something as simple as a smile or hello. A pleasant word or a hug can make a difference in the life of a member that may be struggling with everyday life challenges. I am dedicated to the betterment and treatment of all employees, but especially those of the CTU. I believe that every single person has a role on this campus and the role of a CTU member is more important than most (in my opinion), since I believe we are the backbone of this University. I look forward to continuing to serve our members and the University. Thank you for allowing me to serve another term.

Always in Solidarity, Stacey Patton

Director Stephen Stofflet

I've been a proud member of the CTU for over 12 years, and have been directly involved with a variety of issues that have affected our members in regards to working conditions/environments, time, scheduling, discipline, and many other issues that affect their working environment. These first-hand experiences have shown me just how important a union is.

Prior to joining MSU, I had owned/operated a couple of my own media-based businesses (film/television/video production and distribution); served as a communications specialist for the Episcopal Diocese of Western Michigan; and participated with a diverse assortment of non-profit organizations through volunteer efforts, including serving as chair to an organization out of Eaton County that served the social needs of physically and mentally challenged adults in my hometown.

I am married to Kathleen Gibson-Stofflet, and am the step-father to three incredible grown children (Alyssa, Genevieve, and Jonathan).

My career at MSU began over 12 years ago as a secretary/receptionist in the office of the Vice President for Finance and Operations. I moved to my current department (Pharmacology and Toxicology) in February of 2009. I currently serve as an Academic Program Coordinator for their online MS and undergraduate Minor programs.

I am happy to continue serving as a

Stofflet continued on next page

Stofflet continued from previous page

board member, as today's political climate holds frightening prospects for the middle class. We are a 'line-in-the-sand' whose goals are to protect your interests, and ensure that you are provided a safe, secure work environment. I appreciate your support, and welcome your input and conversation.

The labor movement did not diminish the strength of the nation but enlarged it. By raising the living standards of millions, labor miraculously created a market for industry and lifted the whole nation to undreamed of levels of production. Those who attack labor forget these simple truths, but history remembers them.

—Martin Luther King, Jr.

Director Shirley VanDorp

I became the Union Rep for District 40, three years ago. I have worked as an RMA with the MSU Department of Surgery and have been part of the MSU HealthTeam full time since February of 2013, where I work in patient care providing dignity, respect, and guidance.

As a UR, I am committed to our members and our contract language, and my contributions to the Clerical-Technical Union and its members include serving as UR, being a Member of the Union Representative Coordinating Committee, and being involved in CTU sponsored activities. I have gained invaluable experience in defending our members to assure they are protected under the language of our contract, and I find that it is important to stay up to date with employment issues within the University and the community. With that being said, I appreciate the opportunity to continue expanding my knowledge in this area and become more involved with the CTU.

I am happy to be part of Board of Directors. Not only do I support unionism, but also the purpose of unionism as well. I am fully committed to investing the time required to serve as part of the governing body of the CT Union. I am ready to carry out and honor the oath of office.

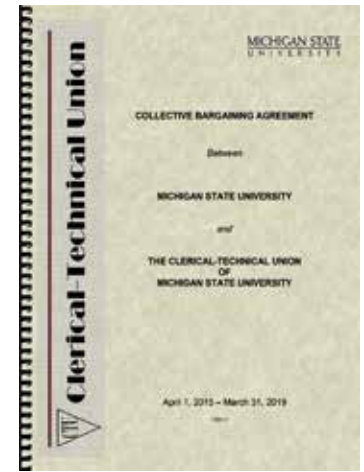
Audit Committee Member (3 years) Sarah Carapellucci

My name is Sarah Carapellucci and unions have been part of my family for

Know your contract

Article IV, Section 9 Single Nominee for all positions

When there is only one nominee for every position, no election will be necessary and the candidates will be affirmed by acclamation of a majority of the members at the first Membership Meeting following the scheduled election if there is a quorum. This procedure will be used only when the number of open positions equals the number of candidates running for those positions. In the event that there is no quorum at the first Membership Meeting following the election, the outgoing Executive Board will convene at the Membership Meeting and, in the presence of the members, accept the candidates to constitute the new Executive Board and Audit Committee.



years. I grew up understanding the importance of keeping unions strong and fighting for the rights of individuals. I know that there is strength in numbers and working together protects each and every one of us. My grandparents and their siblings were part of the Farmers Union (FU) and United Automobile Workers (UAW). My father grew up going to union camps as a child, and became a Union Steward for the National Guard for his full career, as well.

I have been working full time at Michigan State University for ten years. I started out in the Pediatric and Human Development Department and have moved to the Pharmacology and Toxicology Department. I began as a Cytogenetic Technologist and am currently working as a Research Technologist.

I have been an active, dues-paying member of the Clerical-Technical Union since I started on campus in 2008. I became a Union Representative for District 9 (Life Science A & B, and Bott Nursing Building) in October 2015. I am now expanding my role as an Audit Committee member and am honored to be given this opportunity. Thank You.

Audit Committee Member (1 year) Shawn Rayon

Greetings! I am once again stepping forward to serve as a member of the Audit Committee. I have been on the committee for the last three years, and I

now have a pretty good idea of how the CTU audit process works. In addition to that, my job includes a decent amount of finance work, and I have an undergraduate degree in Accounting, so I was somewhat familiar with audit procedures beforehand. Even if I wasn't already serving on the Audit Committee, I think I'd be pretty qualified for it, and I am delighted to continue to serve.

I graduated from MSU over 11 years ago, I have been a full-time employee for roughly 10 years, and I've worked in the Department of Teacher Education for the last 7. I live in the city of East Lansing, and as my entire adult life has been centered around MSU, I tend to have relatively strong feelings about the university. Barring unforeseen circumstances, I expect to work here until I retire, so it's in my own best interests to make MSU a place I like to work for. [Michelle Winebrenner]

Though I've never owned a car, my father was an auto worker from long before I was born until he himself retired. He was active in his own union for a number of those years, and while none of my other family members have had union-affiliated jobs, my dad made sure I saw the value of belonging to a union. While I realize that not every Union is as wonderful as ours, I will always be in favor of their existence. Serving on the audit committee is my contribution to that existence.



August 22, 2018—The MSU Presidential Search Committee is announced. Deb Bittner stands on the far right.

Bittner appointed to help find new MSU president

Deb Bittner, president of both the Clerical-Technical Union and Coalition of Labor Organizations at MSU, has agreed to participate on the MSU Presidential Search Committee.

MSU Trustees Dianne Byrum and Melanie Foster co-chair the 19-member committee, which is composed of a wide cross-section of the MSU community.

The committee has been taking input from various groups and individuals on the criteria to be considered in reviewing

potential candidates, and it is on schedule to provide the information and recommendations necessary for the Trustees to make their decision by June 2019.

“I am pleased that labor is included in this process,” Bittner said. “It’s important, and we have a unique perspective to contribute to the dialogue.”

Reports on the progress of the search, the timeline, and other information about the search is available at msu.edu/presidentialsearch.

Reeves

continued from p. 3

management or pass/defeat a legislative directive or make a difficult decision about unionism. I am proud of being a leader in a coalition of unions that has negotiated one of the strongest health care agreements in existence today. I am proud of working with those in Human Resources and the Office of Employee Relations to find a solution to a problem that all sides can live with—and I am equally proud to have stood against management when the issue called for it.

Most of all, I am proud to have been able to serve as President of this fine union.

If I could choose my legacy, I would ask that those who come after me do what I have tried to do: seek input, listen to all viewpoints, weigh the options, and then do what you believe is the best thing for our members and for the CTU as a whole, even though that sometimes means that you will have as many critics as you have supporters. . . .

Did I always make the correct choices? Of course not. I’m far from perfect and I

can make mistakes with the best of people! But I am proud of my track record. I believe that the vast majority of the work I have done on behalf of the CTU and CTs has been productive, caring, efficient, and positive. I have a healthy ego, but much of my self-worth comes from the satisfaction of knowing that I tried very hard to do a good job in the service of others. And one of the things I have been most satisfied with in the last 30 years is the Clerical-Technical Union of MSU.

This is a great organization, and it has the potential for enjoying a long and prosperous life. I am very pleased to have been a part of the group that set this union on its current course, and I hope that all who are part of it, particularly those you choose to lead it in the future, will continue to understand how important and good the CTU really is and that they will fight to keep it that way.

I will miss this union and all of you greatly. My very best wishes to each of you.

In Solidarity, Barbara

MSU Shares

MSU Shares (formerly the MSU Community Charitable Campaign) kicks off this year’s campaign in October.

MSU Shares raises money for local charities through the assistance of the Capital Area United Way. The donations support many groups in the Tri-County area, especially those close to campus.

In keeping with our union’s commitment to the community, the CTU supports and encourages members to participate in the Campaign. [Erin Millikan]

CTs and other members of the MSU community use this opportunity to pool our resources and make a huge difference in the lives of children, families, and others in need in our local communities. Our donations may be small, but when pooled together, our impact is enormous. Your pledge to the campaign helps support more than 120,000 people yearly in the Tri-County area, raising more than six million dollars in the past 15 years.

All or portions of your pledge may be designated to an organization of your choosing (msuccc.msu.edu/givingoptions.htm). [Joy Skutt]

To donate, MSU employees can click on the Pledge Form box in EBS. Retirees and those who do not wish to donate electronically, can find the appropriate forms at msuccc.msu.edu/pledgeform.htm.



Next raise will be 2.75%

Health care savings continue to pay off

The most anticipated news on the medical front—for MSU support staff—is that increases in our health care costs in the past year were below 1%, meaning we will receive a 2.75% general increase. CTs will receive the raise April 1, 2019.

Open Enrollment

Benefits Open Enrollment (OE) takes place through the month of October.

Anyone who wants health care coverage for a spouse or other eligible individual *must* go through OE.

OE is also required if you want to enroll in, change, or remove health or dental coverage, life or accidental death and dismemberment insurance, or voluntary benefits. In addition, flexible spending accounts must be renewed every year.

It is important to re-evaluate benefit needs every year, not only because our personal situations change, but sometimes the details of the coverage change. This could help determine, for example, how much to put into a health care savings account. For complete OE information, including changes in benefits and enrollment directions, refer to the support staff OE guide at www.hr.msu.edu/open-enrollment/. A retiree guide is also available on this site.

There is a very slight premium increase for Community Blue insurance in 2019. Premiums for Blue Care Network continue to be covered by our plan with no charge to individual employees.

The cost of brand-name and specialty prescriptions will increase, but prices on generics will stay the same.

Also of note: the premium threshold for spousal coverage will be going up from \$1,200 to \$1,300.

For questions, contact the *Solutions Center@hr.msu.edu*, 517-353-4434 or call toll-free 800-353-4434.

This year's Benefits Fair will take place on Tuesday, October 16, from noon until 7 p.m., and on Wednesday, October 17, from 7 a.m. until 5 p.m., at the Breslin Center. Attend the fair to get information from benefits vendors and MSU Human Resources Staff. There will also be free chair massages and flu shots.

Teladoc

The unions at MSU continuously work with the university, insurers, and health care vendors to bring members high quality health care at a cost that is affordable and results in decent raises. In that vein, the unions are pleased to join MSU in announcing a new benefit, Teladoc, that has the potential to save money for both the plan and individual members while making life a little easier.

Teladoc visits, which cost significantly less than brick-and-mortar doctor visits, let MSU employees and our dependents who are enrolled in an MSU health plan speak to a licensed doctor by web, phone, or mobile app at our convenience. Although there is no copay for a Teladoc consultation, these are real doctors' visits that result in medical solutions.

Access Teladoc at 1-800-Teladoc or Teladoc.com. An app is available for download off the website. The benefit is available now.

Best Doctors

For several years, Best Doctors has provided us with expert second opinions, assistance in making medical decisions, and information about available doctors in the area, all at no cost to us as individuals.

We are pleased to introduce two new services from Best Doctors, also at no additional cost, that will help us in managing our health care.

Treatment Decision Support provides one-on-one coaching and in-depth,



easy-to-follow, interactive, online educational modules to help us understand and confidently make decisions about our medical options.

Medical Record eSummary allows Best Doctors, with an individual's permission, to collect and organize medical records and provide them to the individual on a secure, encrypted flash drive or email. Best Doctors also provides a personal Health Alert Summary based on the records collected, giving a total snapshot of the person's medical wellness. [Judith Eastman]

Contact Best Doctors at 866-904-0910 or bestdoctors.com. An app is available for download on the website.

Livongo for diabetes

Livongo for Diabetes Management is another new service that the unions helped introduce with an eye toward cutting costs and increasing services. Managing diabetes is the best way employees with the disease can positively impact their health while saving money for our health care plan.

Sign up to receive all the tools and resources including a connected meter that provides real-time tips, unlimited free strips and lancets, and optional coaching anytime and anywhere.

Visit welcome.livongo.com/MSU to learn more and sign up.



CTU OF MSU
2990 E. LAKE LANSING ROAD
EAST LANSING, MI 48823-6219

CHANGE SERVICE REQUESTED

CTcalendar **Call for nominations**

October 16. Executive Board meets. 5:15 p.m. CTU Conference Room. Members welcome.

October 24. Membership Meeting. See details on this page.

October 24. The MSU Breathe Easy Program, a free tobacco and nicotine cessation program featuring behavioral support and medical evaluation. The program meets on six different Wednesdays through January 9, 2019, Room 110 Linton Hall, 1:30–3:30 p.m. Register in person in Room 110 Linton Hall, by phone at 517-353-2596, or by email at health4u@msu.edu. Free.

October 29. Reception for Michelle Stewart, winner of the 2018 Clerical-Technical Recognition Award. MSUFCU Community Room on Farm Lane, 2 until 4 p.m.

Jack Breslin Distinguished Staff Awards: Nominees are evaluated on overall job performance, interpersonal skills and working relationships, and contributions to both the department and the university. Information and a nomination form are available at www.hr.msu.edu/recognition/support-staff. The deadline is **Wednesday, October 17, 2018**. Address questions to MSU Human Resources at 517-884-0141.

The Excellence in Diversity Awards recognize and reward the efforts of MSU faculty, staff, and students to create and support an environment where diversity and inclusion are valued. The deadline for nominations is **November 9, 2018**, 5:00 p.m. Guidelines are available at www.hr.msu.edu/recognition/support-staff.

Our Autumn Membership Meeting

Room 401 Administration Building
 Wednesday, October 24, 2018

The meeting begins at 5:20 p.m. but doors open at 5, so come early to socialize.

Agenda includes:

- ▼ Acclimation and swearing in of new officers, directors, and Audit Committee members
- ▼ Financial report
- ▼ 2019 contract negotiations
- ▼ Update on items relevant to CTU
- ▼ Discussion of labor-related ballot proposals
- ▼ Door prizes